



HOME • HEALTH • HAPPINESS

# Annual Report 2019/2020

NPO number 117-542 | PBO number 930040862 | Tax Exempt Section 18A

## Our Vision

NOAH wants every social pensioner to remain active and independent for as long as possible through purpose, participation and possibility.

## Our Mission

To ensure that social pensioners have their basic needs met, have a sense of purpose and contribute to their own families, the NOAH family and society as a whole, forever.

## OUR FUNDERS

**OUR PROFOUND THANKS** for recognising the asset and value that are our older persons, and the need to provide them with a scaffold for a more dignified and independent older age.

**To our funders** to whom we are so grateful for our positive and respectful partnerships:

Ackerman Pick n Pay Foundation  
Anglo American Foundation Trust  
Carl & Emily Fuchs Foundation  
Caritas Germany  
Community Chest  
Constantia Catholic Church  
Consol Glass  
David Graaff Foundation  
Discovery Fund  
Department of Social Development  
Douglas Jooste Trust  
DG Murray Trust  
EG Woods Will Trust  
ER Tonnesen Will Trust  
FC Carter Charitable Trust

Flash  
Glasshopper  
Gray Trust  
HA Taylor Will Trust  
Investec  
Joan St Leger Lindbergh Charitable Trust  
Kaplan Kushlick Education Foundation  
Lombardi Family Charitable Trust  
Mapula Trust  
Mathers Trust  
National Lottery Commission  
Old Mutual Staff Volunteer Fund Trust  
Old Mutual Foundation  
Pamela Barlow Charitable Trust

PPG t/a Sigma Coatings  
Reciprocity CC  
RHI Magnesita  
Riscura  
RS Nussbaum Foundation  
Rubi & Anne Chaitman Trust  
Sea Point Catholic Church  
Shoprite  
Simmonds Hampton Trust  
St Ola's Trust: FH Baumann  
Taquanta Asset Managers  
Uthando SA  
We Are Africa  
Woolworths Trust

**To our individual donors** who contributed 5% of NOAH's total income and a whopping estimate of R523,000 in time, expertise, networks, media coverage and donations in kind.

In tough economic times, we understand the sacrifice and it is heartwarming to see in numbers how every little bit really does count. You not only stood by us in 2019 but you increased your support.

It is important to note that R535,933 of this income was from bequests made by extraordinary people who wished to ensure NOAH's impact continues after they are gone. We are so grateful to them for these lasting gifts.

Please keep supporting NOAH as we work with our beneficiaries to build whole, well communities.



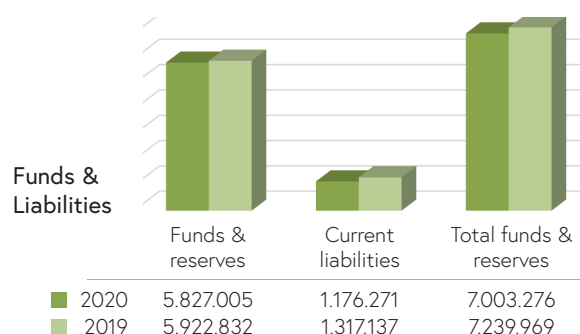
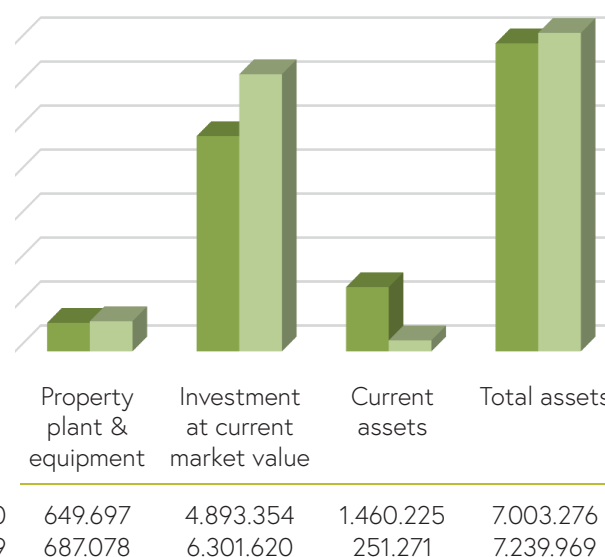
## TREASURER'S REPORT FOR THE FINANCIAL YEAR MARCH 2019 TO FEBRUARY 2020

The audited financial statements for the year ended 29<sup>th</sup> February 2020 are summarised below. NOAH wishes to acknowledge the support of all funders, including the Department of Social Development, helping NOAH to provide Home, Health and Happiness for social pensioners.

|                         | 2019             |                  |                | 2018            |
|-------------------------|------------------|------------------|----------------|-----------------|
|                         | Income           | Expenses         | Net            | Net             |
| Administration          | 1.762.882        | 1.174.175        | 588.707        | -178.628        |
| Fundraising             | 702.101          | 830.633          | -128.532       | -119.321        |
| Independent Housing     | 1.027.232        | 1.066.057        | -38.825        | -26.449         |
| McNulty Assisted Living | 659.748          | 863.954          | -204.206       | 24.864          |
| Woodstock Clinic        | 367.583          | 495.653          | -128.070       | -64.035         |
| Woodstock Centre        | 481.784          | 495.558          | -13.774        | -27.360         |
| Khayelitsha Clinic      | 464.318          | 478.254          | -13.936        | -70.123         |
| Khayelitsha Centre      | 711.403          | 844.582          | -133.179       | -210.137        |
| SED                     | 1.607.364        | 1.298.986        | 308.378        | -4.434          |
| <b>TOTAL</b>            | <b>8.255.225</b> | <b>8.019.261</b> | <b>235.964</b> | <b>-675.624</b> |

|                                        | 2020           | 2019            |
|----------------------------------------|----------------|-----------------|
| Interest & dividends received          | 165.176        | 179.523         |
| <b>NET DEFICIT FOR THE YEAR</b>        | <b>401.140</b> | <b>-496.101</b> |
| Variance in market value of investment | -496.967       | 92.103          |
|                                        | <b>-95.827</b> | <b>-403.998</b> |

Balance Sheet



1. First time in almost a decade showing operating income exceeding costs, excluding investment income.
2. Funding increased by 27%, excluding increase in investments and capital improvements & housing funding.
3. Fundraising income increased due to targeted fundraising efforts and dedicated self earning initiatives.
4. Funding was also raised for capital improvements at certain properties to enhance quality of living.
5. Fundraising was increased for new SED division responsible with developing self-generating income.
6. Given the pressures on fundraising income, efforts were made to right-size the overhead base to ensure long term sustainability. Expenses increased by 12% including the new SED dept and excluding Housing.
7. During the 2019/20 year, the organisation put structures in place to streamline costs and build a sustainable base from which the organisation can implement aggressive and income generating measures to increase fundraising.
8. The organisation is now in a good position to create a legacy of sustainability and a future break-even position.
9. Investments were under significant market pressures (SA and Covid-19) and reduced in value by R496,967. Gains should come back in the long term future, once the Covid-19 pandemic is over and markets strengthen.

## OUR PATRON



## Archdiocese of Cape Town



### A NOTE FROM OUR PATRON, ARCHBISHOP STEPHEN BRISLIN

The corona pandemic has taught, us among other things, how integral human relationships are to well-being. Often relationships are superficial and we don't really "see" others, not recognizing their needs, their hopes and their dreams. The extent that we are able to see others is the extent to which we can touch their lives, to strengthen and to console them. We can influence their growth and sense of fulfillment and, in the process, create a more compassionate and caring world.

Aging is an integral part of the cycle of life – a time of life that is as important as any other time of life. Just as we are concerned about the care of children and young people, so we must be concerned about the aged. Ideally, the elderly would remain in the family and be among those who love and care for them, ensuring that they are assisted in times of loneliness, ill health or any other struggle. But we do not live in an ideal world and it is not always possible for families to accommodate the aged. Sadly, there are some who are estranged from their families. In such circumstances, society itself must ensure that the elderly are well-cared for in a holistic way – not only that they have food and shelter, but also to cater for the need for companionship, the need for dignity and the need to be appreciated.

NOAH is a programme that provides inspired care of the elderly, ensuring that they are not forgotten and that they know they are needed. The four main social initiatives, viz.,

- Affordable housing,
- Quality Primary Health Care,
- Psycho-social support at 2 community centres that address healing and the core issues affecting the daily lives of its members,
- Social enterprise for economic and social inclusion

ensures that the model achieves holistic care in a happy and inclusive environment, where dignity and acceptance are assured. Since their inception in 1981 they have encountered many struggles and uncertainties in continuing what was initiated. Today we celebrate their "track record" and the wonderful accomplishments that ensure the homeliness of every NOAH home. Through the years NOAH has touched many lives and made life much easier for so many.

I am grateful to the board, staff and the volunteers for the service they render. I encourage you to continue to serve the elderly knowing, as St John Paul II says "Old age is the final stage of human maturity and a sign of God's blessing". I am deeply grateful to all benefactors who generously contribute to this good cause – thank you for your compassion and love. May God bless you all and reward you abundantly.

+Stephen Brislin  
Archbishop of Cape Town



8 July 2020

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## Neighbourhood Old Age Homes | NOAH

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NOAHCapeTown noahcapetown

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## FRUITS OF HOME

- Over 90 inquiries each month for housing vacancies, highlighting NOAH's position as a leading provider of affordable and dignified accommodation
- Outstanding voluntary leadership thanks to five steering committees
- Refurbishment of Fairview House with safety, compliance and wellbeing improvements for residents
- Strengthened community service programme in Woodstock
- Plans for partnership with SOHCO underway

**R200,000**  
saved collectively by residents for communal living improvements

**105 residents in 11 communal homes** across Cape Town area

## FRUITS OF HAPPINESS

### WOODSTOCK

- 16 members earned a stipend improving their standard of living
- Centre refurbishment and upgrades for compliance and greater comfort
- Monthly All-In meetings for communications, input and planning
- Video talks and discussions led by experts on elderly-focused topics
- New partnership with UCT Occupational Therapy Division with praise & worship, games, bingo, socials and more
- 40 members participated in community service earning a rent rebates and gaining a sense of purpose through increased daily activities

### KHAYELITSHA

- 10 members volunteer and members overall show an increased sense of agency
- New roof installed, new compliant fire safety systems funded by NOAH Loaves
- New food garden with 10 club members producing vegetables for the kitchen
- Ongoing partnership with Better SA with activities for less active members
- Intergenerational programme with Nalibali with 10 members trained as readers for children in surrounding areas, giving members a strong sense of purpose
- Health talks hosted by Life College of Learning on breast cancer, hypertension, prostate cancer, diabetes and arthritis
- Domestic violence awareness training conducted by Khayelitsha Site B Police team
- Awareness discussions on dementia led by Alzheimer's SA
- Exercises run by the Sports Science Institute
- Increased number of daily meals

**76**  
in Khayelitsha



**Registered members**

**75**  
in Woodstock

- 6 growing social enterprises generating a net profit of approx. R120,000 per annum
- Take-away revamp: new name 'Jou Ma Se Kos', customer survey and new menu
- Point-of-sale technology introduced at the Woodstock second-hand shop with plans for roll-out in all social enterprises if proven viable
- Full makeover of the Trestle Table second-hand shop thanks to DSTV's Ons Plek of Joune
- Replication of the successful second-hand shop business model in Khayelitsha
- Major fundraising effort for the Corner Shop renovation with donations from local businesses and community members
- Continued reports of increased sense of purpose, meaning and work satisfaction from all SED participants
- Assistance from UCT MBA graduates and the Social Enterprise Academy
- Engagement with skilled volunteers and interns from the University of Oslo and the Fachstelle Internationale Freiwilligendienst (FIF) programme
- In-house training on customer service and basic business skills

**31**

**SED participants**  
enjoying greater income, purpose, participation and general wellbeing

### 6 SED projects



**R650 average stipend** per participant up from R500

**43** catering orders for large events, boosting income & improving NOAH's offering through best practice standards

**96%**

acute conditions treated directly by NOAH for optimal monitoring & follow-up

## FRUITS OF HEALTH

- New Health Manager Sr Delia Bulcraig after Sr Ada Kennedy's retirement
- Robust health monitoring to control chronic conditions
- SIFAR digital assessment tool introduced in Khayelitsha and Woodstock
- Department of Health Service Level Agreement re-signed and valid until 2021
- Reduction of life-threatening health emergencies
- Interactive health talks led by nursing students on hand washing, diabetes, personal hygiene, arthritis and hypertension
- Quarterly placements of UCT physiotherapy students for support on physical limitations and pain management
- Ongoing advice from Prof Geetesh Solanki & David Power on best practice and clinic management improvements
- HIV testing and hearing screening at Khayelitsha
- 1-on-1 education on medication and diet for diabetics
- Ongoing delivery of medication in Woodstock and Khayelitsha
- Introduction of a community-based care (CBC) pilot project

**97%**

clinic members in stable health visit to visit

### ACCOUNTABILITY

- ✓ NPO Directorate
- ✓ SARS – 18a PBO status
- ✓ Catholic Archdiocese of Cape Town
- ✓ Department of Social Development
- ✓ ITA34
- ✓ Tax Clearance certificate
- ✓ BBBEE Level 1 Organisation
- ✓ Independent Code of Governance for Non-profit Organisations in SA

### SUSTAINABILITY

**+27%**  
funding

**+12%**  
costs  
excluding capital but including SED

**2,493**  
individual donors

**85** active funders

**3** bequests

**4** new funders

**22** monthly donors



Accountability

Monitoring & Evaluation

Sustainability

Governance

### GOVERNANCE

#### Management Board

10 meetings held | AGM on 21 August 2019

2019 Board members

- » Mr Katlego Nkgudi (Chairperson)
- » Mrs. Jacqui Setoaba (Deputy Chairperson)
- » Mrs. Janine Marks (Treasurer)
- » Mrs. Dee Wills (Secretary)
- » Mr Tony Sellmeyer (Property)
- » Prof David Coetzee (Health)
- » Fr Audecious (Spiritual Coordinator)
- » Mrs. Jeanette Baadjies (Beneficiary representative)

Mr Katlego Nkgudi was appointed Chairperson following Dr Lorna Olckers' resignation at the August AGM.

The NOAH Management Forum, chaired by former resident Mr. Andrew Carelse, represents the beneficiary group and held two meetings in 2019. The Forum is represented by Mrs. Jeanette Baadjies on the NOAH Management Board.

### MONITORING & EVALUATION

- ✓ Completion of the 2019 Review facilitated by Imani Development in Oct 2019
- ✓ Development of the 2020 Strategy
- ✓ Update of the Logical Framework document