



It's chilly
out there!

Can you
please help?

Dear valued NOAH supporter,

If you live in Cape Town, you know the chilly winter has arrived!

Whilst we are so grateful for the wonderful rain needed to keep our dams filled up and water our gardens, the winter brings the challenge of how to keep our 700+ elderly residents and members warm! With soaring electricity costs it's expensive to heat our communal homes, centers and clinics. Many of our elderly have poor circulation making it hard for them to feel warm. Warm clothes and blankets are a scarce resource.

"Winter is really hard on us. We definitely can't manage the cost of heaters and have to rely on blankets, scarves and jerseys. They really help keep out the cold."

Mrs Kathleen Stander, NOAH member

There are three practical ways you can make a difference:

WOOL & KNITTING NEEDLES

Meet Audrey Cupido and Kathleen Stander from our Woodstock centre who want to knit scarves, beanies and blankets for our NOAH members – and any others who need to keep warm. If you have **spare wool**, and/or **knitting needles** that you don't need, please be in touch and our ladies can get knitting!



We would like to inform you that your name and address is on our database, which we have obtained through your consent or through the past rendering of our public benefit activities, services and sale of products. You are free to object, at any stage, to receiving future communication relating to our public benefit activities, services and products. By staying on our mailing list, you agree to your personal information (including name and address) being processed by NOAH for purposes of receiving similar communication and updates. However, we want to give you the opportunity to select NOT to receive communications of this kind from NOAH. If you wish to do this, please call (021) 447-6334 to have your name removed from our postage list. Please note that you can still opt-out and unsubscribe from our communications at any point in the future. If you are happy to be kept on the mailing list, no action is required. We hope you choose to continue receiving our messages. Our Privacy Notice is available on our website at www.noah.org.za.

HOW TO DONATE

To make a **once-off financial donation** visit www.noah.org.za and click the 'Get Involved' tab. You can pay by credit card, direct debit, givengain or snapcan. Please use "your name - winter" as a reference.

For an **EFT payment**:

Standard Bank Account 070868646
Thibault Square Branch 02-09-09
Kindly send your proof of payment to bonny@noah.org.za.

If you could consider a **regular monthly donation** to NOAH please contact with Bonny on 021 447 6334 or at bonny@noah.org.za

WARM BLANKETS

Clean, new or pre-loved, **warm blankets** will be a great help and distributed to those who need them. All **wool, needles, blankets and jerseys** can be dropped off at NOAH, 19 Regent Street, Woodstock for the attention of Jane.

FINANCIAL DONATIONS

A financial donation is always so welcome. Please refer to all the details above.

Warm wishes to you this chilly winter,

Anne

Anne Dobson, Director

PS: If you are reading this printed letter, it means we don't have your email. Please help us save costs by sharing your email - call 021 447 6334.